



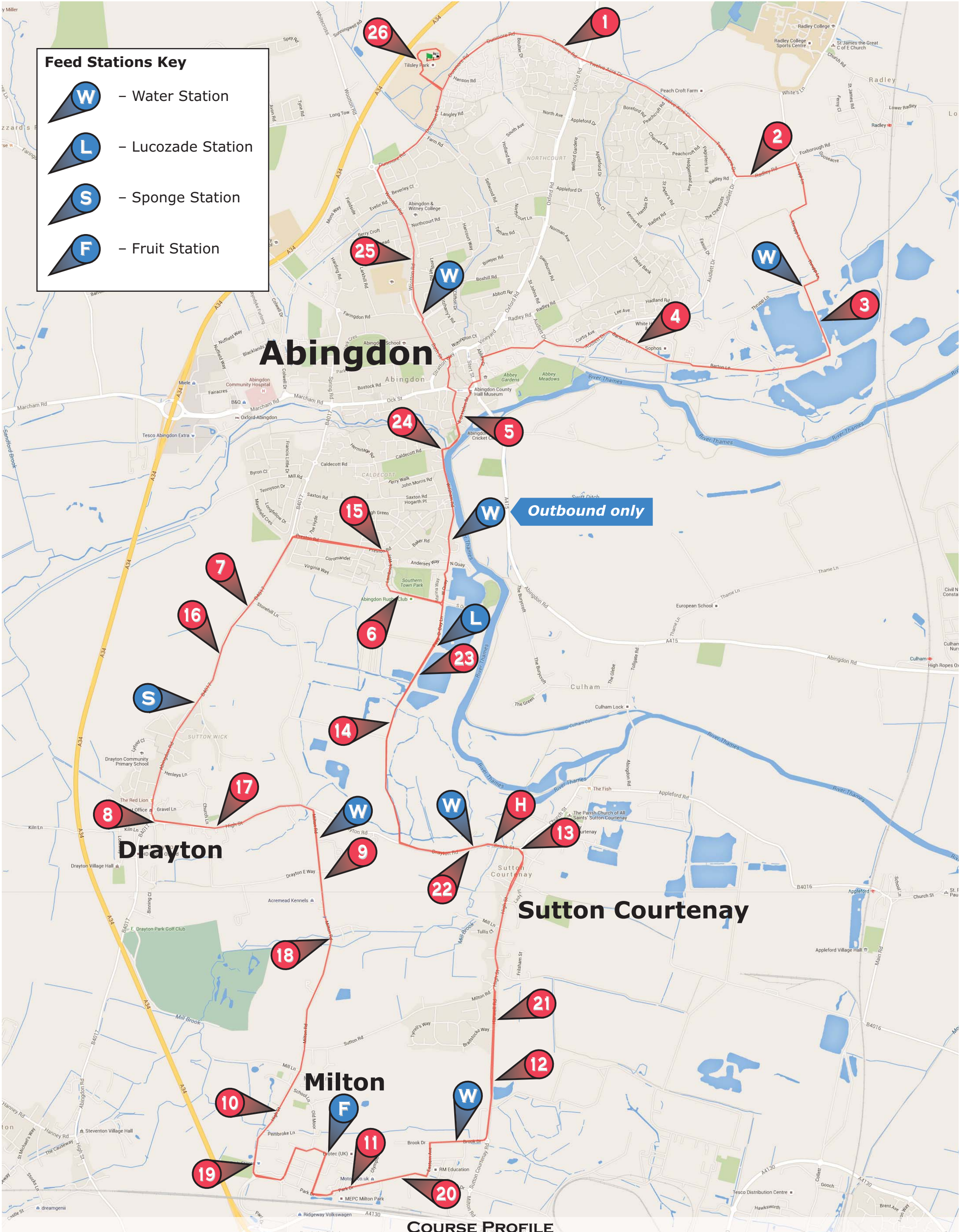


# 2019 ABINGDON MARATHON COURSE MAP

**Feed Stations Key**

-  - Water Station
-  - Lucozade Station
-  - Sponge Station
-  - Fruit Station



 **Mile Markers**

**Feed Stations** 